



## COURSE SPECIFICATION

### Medical Biochemistry & Molecular Biology

Endocrinology, Diabetes, Clinical Nutrition and Metabolism

MD

Faculty of Medicine– Mansoura University

#### (A) Administrative information

(1) Programme offering the course.	Postgraduate MD program of Endocrinology, diabetes ,clinical nutrition and metabolism. EDCNM600
(2) Department offering the programme.	Internal medicine department (Endocrinology , diabetes and metabolism unit)
(3) Department responsible for teaching the course.	Internal medicine department (Endocrinology , diabetes and metabolism unit) Biochemistry & molecular biology department
(4) Part of the programme.	First part (first semester)
(5) Date of approval by the Department`s council	12/7 / 2016
(6) Date of last approval of programme specification by Faculty council	9/8 /2016
(7) Course title.	Biochemistry & molecular biology
(8) Course code.	EDCNM 604 /EDCNM 610 BC
(9) Credit hours	2 hours

(10) Total teaching hours:	30
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## **(B) Professional information**

### **(1) Course Aims:**

Provide candidate with a basic knowledge in modern biochemistry and molecular biology necessary for an understanding of diabetes, endocrine, clinical nutrition and metabolism at the molecular level

### **(2) Intended Learning Outcomes (ILOs):**

On successful completion of the course, the candidate will be able to:

#### **A- Knowledge and Understanding**

- A1 Recognise basics and biomedical importance of carbohydrate metabolism
- A2 Recognise basics of lipid metabolism
- A3 Recognise basics of protein metabolism
- A4 Recognise basics of Enzymes and biologic catalysis
- A5 Recognize Metabolic interrelation & minerals
- A6 Define Bioenergetics; fuel oxidation and the generation of ATP
- A7 Discuss Biochemical basis of mechanisms of action of hormones
- A8 Explain the biochemical basis of commonly occurring endocrine diseases with stress on insulin resistance, obesity
- A9 Recognize Biotechnology and concepts of molecular biology
- A10 Recognize Basic techniques in molecular biology
- A11 Define cytokine and growth factors
- A12 Recognize type of nutrient and molecular aspects of nutrition

#### **B- Intellectual skills**

- B1 Point-out the application of molecular biology in hormonal diseases
- B2 Interpret the clinical significance of plasma levels of glucose

### (3)Course content:

Subject	Lectures	Seminar
<b>1.Carbohydrate metabolism.</b> Regulation and Biomedical importance of <ul style="list-style-type: none"> <li>• glucose metabolism</li> <li>• glycogen metabolism</li> <li>• Fructose metabolism</li> <li>• Galactose metabolism</li> </ul>	<b>3</b>	
<b>2. Lipid metabolism</b> <ul style="list-style-type: none"> <li>• Lipogenesis</li> <li>• Lipoprotein metabolism</li> <li>• Fatty acid oxidation</li> <li>• Ketone bodies metabolism</li> <li>• Cholesterol metabolism</li> <li>• Phospholipid metabolism</li> <li>• role of adipose tissue in lipid metabolism with stress hormonal regulation</li> </ul>	<b>3</b>	<b>2</b>
<b>3. Protein metabolism</b> <ul style="list-style-type: none"> <li>• Essential and non essential AA</li> <li>• Nitrogen balance</li> </ul>	<b>2</b>	
<b>4. Enzyme and biologic catalysis</b>	<b>1</b>	
<b>5. Metabolic interrelation &amp; minerals</b> <ul style="list-style-type: none"> <li>• enzyme change in fed &amp;fasting state</li> <li>• role of (liver-adipose tissue-muscle-brain)in fed &amp;fasting state</li> <li>• macroelements &amp; trace elements .</li> <li>• type of nutrients</li> </ul>	<b>2</b>	
<b>6.Bioenergetic and fuel oxidation</b> <ul style="list-style-type: none"> <li>• electron transport chain</li> <li>• oxidative phosphorylation</li> <li>• bioenergetics (definition, first law o</li> </ul>	<b>1</b>	

thermodynamics, gibbs free energy and standard free energy(		
<b>7.Mechanism of hormonal action</b> <ul style="list-style-type: none"> <li>• Hormone Receptors</li> <li>• Classification of hormones</li> <li>• Mechanism of action of hormones that bind to intracellular receptors</li> <li>• Mechanism of action of hormones that bind to cell surface receptors</li> <li>• Hormones that act through cAMP</li> <li>• Hormones that act through cGMP</li> <li>• Hormones that act through a kinase or phosphatase cascade (Intrinsic protein tyrosine kinase activities – Associated protein tyrosine kinase activities)</li> </ul>	<b>4</b>	<b>2</b>
<b>8. Molecular biology</b> <ul style="list-style-type: none"> <li>• Basics of molecular biology</li> <li>• Molecular analysis of endocrine diseases</li> <li>• techniques in molecular biology</li> </ul>	<b>4</b>	<b>1</b>
9.cytokine and growth factors	<b>2</b>	
10.Biochemical and Molecular aspects of nutrition	<b>2</b>	
<b>Total teaching hours</b>	<b>30</b>	

#### (4) Teaching methods:

4a Lecture

4b Seminar

#### (5) Assessment methods:

Written exam 160 marks

MCQ Exam 40 marks

To be eligible for the final exam , the candidate must have , fulfilled the credit hours of the courses and log book activities .

The candidate must earn 60% of the marks to pass the exam.

**(6) References of the course.**

**6a. Text books.**

1. Williams textbook of endocrinology
2. Harper's Illustrated Biochemistry: 28th edition by Murray RK, Granner DK, Mayes PA, Rodwell VW, McGraw-Hill companies New York, 2009.

**6b. Websites:**<http://www.medlib.iupui.edu/ref/biochem.htm>

- Harvard Department of Molecular & Cellular Biology Links:  
<http://mcb.harvard.edu/BioLinks.html>

**(7) Facilities and resources mandatory for course completion.**

- Lecture rooms: available in the department
- library
- Computer laboratories with a wide range of software
- Intranet with a wide range of learning support material

**Course coordinator.**

Prof Nagy Shaaban, Head of endocrinology and diabetes unit

Prof Manal Tarshoby, Professor of internal medicine, endocrinology and diabetes unit.

**Head of the department.**

Prof Salah Elgamal, Professor of internal medicine

**Date:** 23 /4/2016