

**Dr.sherehan Adel Abdelsam, MD, PhD, MPH, DHPE**

Lecturer of Public Health and Preventive Medicine  
Faculty of Medicine, Mansoura University, Egypt

**Personal Data:**

**Name:** sherehan Adel Abdelsalam

**Current job:** Lecturer of Public Health and Preventive Medicine at Faculty of Medicine, Mansoura University.

**Birth date:** 11/1/1984.

**Address:** : El marmar City tower. Ahmed Maher St., Mansoura, Dakahlia, Egypt.

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**Scientific Progression:**

- **M.B.B.Ch** in 2006 with excellent rating and honour degree at Faculty of Medicine, Mansoura University.
- **Master Degree** in Public Health and Preventive Medicine in 2011. An essay titled “trends of influenza in Egypt
- **MD Degree** in Public Health and Preventive Medicine in 2016. Thesis titled “**risk factors and genetic determinants of coronary heart diseases**”
- **Specialist** of clinical nutrition from national nutrition institute , at (2016)

**Career Progression:**

- **Demonstrator** at Public Health and Community Medicine department, Faculty of Medicine, Mansoura University (June, 2008).
- **Assistant lecturer** at Public Health and Community Medicine department, Faculty of Medicine, Mansoura University (March, 2011).
- **Lecturer** at Public Health and Community Medicine department, Faculty of Medicine, Mansoura University (April, 2016 till now).
- **specialist** of clinical nutrition from national nutrition institute , at (2016)

**Teaching Experiences:**

- Teaching clinical nutrition for postgraduate students of faculty of pharmacy in clinical nutrition diploma for pharmacists
- Teaching Public Health and Community Medicine for 4<sup>th</sup> year medical students at conventional program.
- Teaching Public Health and Community Medicine for medical students at Mansoura Manchester program.
- Teaching and one of team responsible for preparing new undergraduate integrated program in Mansoura faculty of medicine 2018-2019.
- Teaching Public Health for biomedical engineering students at Mansoura special program in faculty of engineering.
- Teaching Public Health and Community Medicine for 2<sup>nd</sup> year dentistry students and 2<sup>nd</sup> year physical therapy students at Horus university .
- Teaching clinical nutrition for postgraduate clinical nutrition diploma faculty of medicine

**Computer skills:**

- Microsoft office (word, excel, power point)
- SPSS version 16,21,22 (data entry and analysis)
- Epi info
- G power sample size calculator
- Medcalc stat. program

**Conferences and workshops:**

1. Continuous medical education workshop in (Emergence of novel fatal viruses ) june,2014.
2. Conference (Evidence based Public health practices –violence in the community) Ismalia ,Suez canal university, 2014.
3. 3<sup>rd</sup> infection and control conference, HIO, Ras elbar 25-26 nov.2015.

4. Annual conference of community, Environmental and occupational medicine department- faculty of medicine- Zagazig university (Alliance for better health: Global perspective and local challenges). Zagazig university coral beach hotel,Ain elsokna, april 2016.
5. The third international public health and community medicine conference (crossing the gaps to practice) Al-Kaser Al-Ainy university 21-22 Dec 2016.
6. The fifth annual conference of the Egyptian Arabic Society for healthy and therapeutic nutrition (Gastrointesinal Nutrition), cairo, 18<sup>th</sup> Feb 2016.
7. Conference of integrated learning in public health education under patronage of medical military academy , 5 May, 2018.
8. Workshop course (Using statistical analysis in academic resrarch) at Medical Military Academy , Cairo, Egypt on the 13<sup>th</sup> – 14<sup>th</sup> November , 2018

### **Courses:**

- **Graduate of professional Diploma in clinical nutrition**, at national nutrition institute (2016).
- **Diploma in clinical nutrition from American Board For Quality , Science And Technology(ABQST) in 20/ 7/2016**
- **Nutrition for normal thyroid course (4<sup>th</sup> First Vision Medical Symposium) in 24<sup>th</sup> Aug 2020**
- **Management of obesity & solving problems course from First Vision for Medical courses in from 15 – 22 December 2020.**

➤ **Management of obesity & underweight course from First Vision for Medical courses in from 20<sup>th</sup> October to 10<sup>th</sup> November 2020.**

➤ **At Faculty and Leadership Development Project (FLDP) Center at Faculty of Medicine-Mansoura University:**

- Professional ethics (2009)
- time and meeting management
- Quality standards in education process (2010)
- Effective presentation (2011)
- Credit hours system (2011)
- communication skills in different educational methods (2011)
- use of technology in teaching (2013)
- Research ethics (2014)
- Scientific conferences organization (2014)
- Strategic planning (2015)
- International publishing of scientific research (2014)
- Competing for research funds (2015)
- Design and production of electronic courses(2020)
- Exams and student evaluation systems(2020)
- Effective crisis management (2020)
- Managing research team(2020)
- The art of successful leadership (2021)
- Concepts of disability and handicapping (2021)

➤ **At Information and Communication Technology Project (ICTP)  
Center at Faculty of Medicine-Mansoura University:**

- SPSS course

➤ **University teacher preparation at Mansoura University  
Administration**

**Memberships:**

- Egyptian Arabic Society for healthy and therapeutic nutrition (EASHTN)/Role: Attending clinical nutrition Conferences, Abstracts submission, and case presentations.

**Publications:**

- Arafa, S., Abdelsalam, S., El-Gilany, A. H., Mosaad, Y. M., & Abdel-Ghaffar, A. (2018). Endothelial nitric oxide synthase Glu 298 Asp (G894T) and Apolipoprotein E gene polymorphism as possible risk factors for coronary heart disease among Egyptians. *The Egyptian Heart Journal*, 70(4), 393-401.
- Eladawi N, Helal R, Niazy NA, Abdelsalam S. Prevalence and Associated Factors of Eating Disorders in Weight Management Centers in Tanta, Egypt. *Chin Med J* 2018;131:50-5.
- Farrag, N. S., Abdelsalam, S. A., Laimon, W., & El-Gilany, A. H. (2019). Pediatric nurses' knowledge of and self-efficacy in breastfeeding counseling. *American journal of perinatology*, 36(11), 1120-1126.
- Farrag, N. S., El-Gilany, A. H., & Abdelsalam, S. A. (2019). Prevalence and predictors of psychological distress among primary healthcare service users in Mansoura district, Egypt. *Health & social care in the community*, 27(6), 1451-1457.
- Ezzat, S., Tharwat, S., Abdelsalam, S., & Eltoraby, E. E. (2020). Musculoskeletal Symptoms in Hemodialysis Patients and their Effect on Health-Related Quality of Life. *Blood purification*, 49(3), 289-294.
- Sherehan Adel Abdelsalam, Nesreen Elsayed Morsy, et al. Knowledge, Attitude and Practice of Antibiotic Use among University Students: A Cross Sectional Study in Mansoura University - Egypt.

- Archives of Community and Family Medicine. 2021; 4(1): 01-07.  
DOI: <https://doi.org/10.22259/2638-4787.0401001>
- Aref, S., El-Ghonemy, M. S., Atia, D. M., Elbaiomy, M., Abdelsalam, S., Tawfik, A., & El-Sebaie, A. (2021). Prognostic Value of TLE1 Gene Expression in Patients with T-cell Acute Lymphoblastic Leukemia. *Asian Pacific Journal of Cancer Prevention*, 22(5), 1653-1658.

عميد الكلية

ا.د/ تامر سمير أبو السعد

رئيس مجلس القسم

ا.د/ محمد عزمي خفاجي