### Msc 2<sup>nd</sup> Part

## **Physical Medicine and Rehabilitation**

#### ✓ Course Aims:

The broad aims of the course are:

1- To supply fellows with the basic and advanced knowledge of physical and

rehabilitation medicine

2- To provide a useful, and productive training experience for our candidates through a three year commitment to the study of basis and principles as well as up to-date science of physical medicine and rehabilitation.

3- To provide fellows with the skills required to perform as well-trained independent specialist for patients needing medical rehabilitation or physical therapy.

4- Prepare the fellow to be an active member of a health care team and be responsible for longitudinal patient management with primary decision-making.

Module	Subjects	Teaching hours
	Clinical evaluation.	2hrs
<ul> <li>(1) 2 credit</li> <li>hours</li> <li>(30 teaching</li> <li>hours)</li> </ul>	Vocational evaluation and rehabilitation.	2hrs
	Psychological aspects of rehabilitation.	2hrs
	Functional outcome assessment, self care evaluation and management.	2hrs
	Electrodiagnosis	2hrs

#### ✓ Course content: 105 Lectures

	Electrophysiological studies of muscles in normal and pathological	8 hrs
	Nerve conduction studies.	10 hrs
	Neuromuscular junction studies.	2hrs
	Heat therapy	2hrs
	Cold therapy	2hrs
	Hydrotherapy	2hrs
(2) 2 credit hours (30 teaching hours)	Laser	2hrs
	Electromagnetic therapy	2hrs
	Electro-stimulation	2hrs
	Traction	2hrs
	Manipulations	2hrs
	Therapeutic exercise	2hrs
	Massage	2hrs
	Adaptive systems and devices for the disabled	2hrs
	Upper limb orthosis & prosthesis	2hrs
	Lower limb orthosis & prosthesis.	2hrs
	Spinal orthosis	2hrs
	Transfers and wheelchairs Walking aids.	2hrs
	Rehabilitation of arthritis	2hrs

(3) 3 credit	Rehabilitation of pain	2hrs
hours (45 teaching hours)	Rehabilitation of stroke	3hrs
	Rehabilitation of spinal cord injuries	3hrs
	Rehabilitation of multiple sclerosis	2hrs
	Neurogenic bladder and bowel.	2hrs
	Rehabilitation of Spasticity.	3hrs
	Rehabilitation of orthopedic and traumatic conditions.	2hrs
	Rehabilitation of sport injuries.	2hrs
	Rehabilitation of scoliosis.	2hrs
	Rehabilitation of amputee.	2hrs
	Rehabilitation after joint replacement therapy	2hrs
	Gait training.	3hrs
	Rehabilitation of osteoporosis.	2hrs
	Rehabilitation of cardiac patients	2hrs
	Pulmonary Rehabilitation	2hrs
	Rehabilitation of vascular diseases and diabetic foot.	3hrs
	Immobilization syndrome	2hrs
	Rehabilitation of burn.	2hrs

Rehabilitation of gynecological & obstetric	2hrs
disorders.	21118

# ✓ Clinical training for MSc students: 195 hours for 6 months

Practice clinical evaluation of patients in rehabilitation settingPerform functional outcome and ADLs assessmentElectrophysiological studies of muscles in normal andpathologicalNerve conduction studies.Neuromuscular junction studies.Apply and evaluate treatment with Heat therapyApply and evaluate treatment with Cold therapyApply and evaluate treatment with Hydrotherapy	
Perform functional outcome and ADLs assessment2Electrophysiological studies of muscles in normal and pathological2Nerve conduction studies.3Neuromuscular junction studies.3Apply and evaluate treatment with Heat therapy3Apply and evaluate treatment with Cold therapy3Apply and evaluate treatment with Hydrotherapy3Apply and evaluate treatment with Hydrotherapy3Apply and evaluate treatment with Hydrotherapy3	ours
Electrophysiological studies of muscles in normal and pathological2Nerve conduction studies.3Neuromuscular junction studies.3Apply and evaluate treatment with Heat therapy3Apply and evaluate treatment with Cold therapy3Apply and evaluate treatment with Hydrotherapy3Apply and evaluate treatment with Hydrotherapy3	3 hrs
pathologicalNerve conduction studies.3Neuromuscular junction studies.Apply and evaluate treatment with Heat therapyApply and evaluate treatment with Cold therapyApply and evaluate treatment with HydrotherapyApply and evaluate treatment with Hydrotherapy	2 hrs
Neuromuscular junction studies.       Image: Comparison of the studies in the studies	24 hrs
Apply and evaluate treatment with Heat therapy       Apply and evaluate treatment with Cold therapy         Apply and evaluate treatment with Hydrotherapy       Apply and evaluate treatment with Hydrotherapy	30 hrs
Apply and evaluate treatment with Cold therapy     2       Apply and evaluate treatment with Hydrotherapy     2	6 hrs
Apply and evaluate treatment with Hydrotherapy	6 hrs
	2 hrs
Apply and evaluate treatment with Laser	4hrs
rippiy and evaluate treatment with Easer	4hrs
Apply and evaluate treatment with Electromagnetic therapy	2hrs
Apply and evaluate treatment with Electro-stimulation	6hrs
Apply and evaluate treatment with Traction	4hrs
Perform and evaluate treatment by Manipulations	4hrs
Apply and evaluate treatment with Therapeutic exercise	4hrs

Apply and evaluate treatment with Massage	4hrs
Apply, adapt to the patient and evaluate Upper limb orthosis & prosthesis	8 hrs
Apply, adapt to the patient and evaluate Lower limb orthosis & prosthesis.	8 hrs
Apply, adapt to the patient and evaluate Spinal orthosis	8 hrs
Construct, apply and evaluate Rehabilitation of arthritis	4hrs
Construct, apply and evaluate Rehabilitation of pain	4hrs
Construct, apply and evaluate Rehabilitation of stroke	4hrs
Construct, apply and evaluate Rehabilitation of spinal cord injuries	4hrs
Construct, apply and evaluate Rehabilitation of multiple sclerosis	2 hrs
Construct, apply and evaluate Neurogenic bladder and bowel.	4hrs
Construct, apply and evaluate Rehabilitation of Spasticity.	4hrs
Construct, apply and evaluate Rehabilitation of orthopedic and traumatic conditions.	4hrs
Construct, apply and evaluate Rehabilitation of sport injuries.	4hrs
Construct, apply and evaluate Rehabilitation of scoliosis.	4hrs
Construct, apply and evaluate Rehabilitation of amputee.	4hrs
Construct, apply and evaluate Rehabilitation after joint replacement therapy	4hrs

Practice and evaluate Gait training.	4hrs
Construct, apply and evaluate Rehabilitation of osteoporosis.	4hrs
Construct, apply and evaluate Rehabilitation of cardiac patients	4hrs
Construct, apply and evaluate Pulmonary Rehabilitation	4hrs
Construct, apply and evaluate Rehabilitation of vascular diseases and diabetic foot.	4hrs