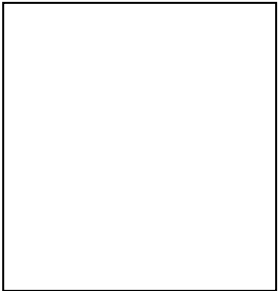




**Logbook of PhD of Medical
Histology & Cell Biology
(HIST 600)**



Personal Data



Name:

Department :

Mobile Number:.....

E-mail Address:

PhD Degree:

Date of registration:/...../.....

Signature:

Head of the Department

Vice Dean for research and postgraduate study

Aim of the Logbook:

To provide evidence that the candidate attained the desired level of competence required to



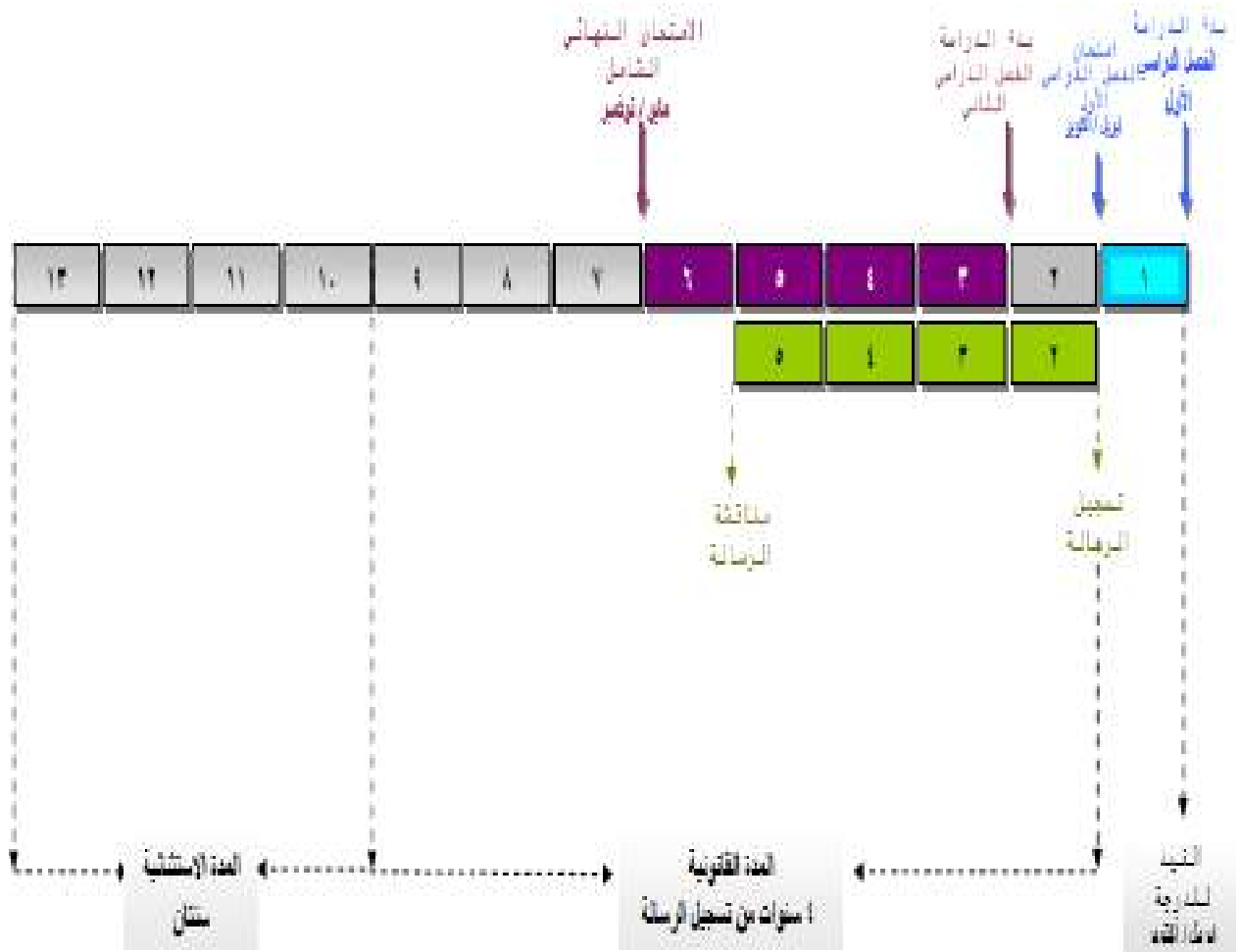
gain the award. In this book, the candidate will document all academic and clinical skills he/she attained during their training.

Important regulations (for PhD candidates):

- To be legible for the first part MD exam you have to attend at least 70% of the lectures of each course in the semester as evidenced by the logbook
- To be legible for the (MCQ online) exam at the end of each of second part semesters you have to attend at least 70% of the lectures of each course/module in the semester as evidenced by the logbook.
- To be legible for the final MD/PhD exam :
 - 1- A time interval of 36 months must pass since the **day of degree registration.**
 - 2- You have to take your practical/clinical training **three times/week** for **two years** .
 - 3-You have to register 5 semesters on Ibn Ikhaym registration page.
 - 4- You have to attend 70% of the lectures of each course in the second part of MD/PhD degree.
 - 5- You have to fulfill and perform 70% of the practical skills documented in the logbook.



درجة الدكتوراه



إلغاء القيد

- ١- مرور عام دون أن يتقدم الطالب لامتحان الفصل الدراسي الأول بدون عذر مقبول أو إيقاف قيد
- ٢- إنتهاء العدة القانونية والامتثالية للحصول على الدرجة

مدة الدراسة والامتحانات المعتادة

٦ فصول دراسية : ٦٠ ساعة معتادة

الجزء الأول : فصل دراسي واحد : ٥ ساعات

الرسالة : ٤ فصول دراسية : ١٥ ساعة

الجزء الثاني : ٤ فصول دراسية

= المقررات الدراسية النظرية : ٢٥ ساعة معتادة

= دراسة الأنشطة : ١٥ ساعة معتادة



PhD Degree in Histology & Cytology (HIST 600)

المقررات الدراسية وتوزيع الساعات المعتمدة

الساعات المعتمدة	الكود	Courses	المقررات	
5	2	HIST 602 EM	Electron Microscope	الميكروسكوب الإلكتروني
	3	HIST 602 GE	Genetics	علم الوراثة
يتم عقد دورات تدريبية لها و يتم استيفاء هذه الدورات بحضورها			دراسات متقدمة في المجال الطبي	الفصل الدراسي الأول
			- طرق البحث العلمي - الإحصاء الطبي - استخدام الحاسب الآلي في العلوم الطبية	
مخصص لكتابة بروتوكول رسالة الدكتوراه التي تبدأ مع بداية الفصل الدراسي الثاني و تستمر لمدة أربع فصول دراسية				الفصل الدراسي الثاني
25	23	HIST 602	Histology & Cell Biology (Advanced course)	علم الأنسجة وبيولوجيا الخلية (مستوى متقدم)
	2	HIST 630 CC HIST 630 HE HIST 607 IM	Elective course: • Clinical Chemistry • Haematology • Imuunology	المقرر الاختياري (يختار مقرر واحد فقط): • الكيمياء الإكلينيكية • أمراض الدم • علم المناعة
15	HIST 602 P		<ul style="list-style-type: none"> برنامج التدريب العملي في علم الأنسجة والخلايا تحضير العينات لفحصها بالميكروسكوب الضوئي تحضير العينات لفحصها بالميكروسكوب الإلكتروني أنواع الصباغات المختلفة أنشطة علمية مختلفة 	كراسة الأنشطة
15	تبدأ مع بداية الفصل الدراسي الثاني و تستمر لمدة أربع فصول دراسية			الرسالة
60	إجمالي الساعات المعتمدة			

نظام الامتحان وتوزيع الدرجات: (دكتوراه الاستولوجيا - الأنسجة والفلايا)

الفصل الدراسي الأول

الدرجة	المقرر	الاختبار
100	الميكروسكوب الإلكتروني	اختبار تحريري مدته ثلاث ساعات
100	علم الوراثة	اختبار تحريري مدته ثلاث ساعات



الامتحان النهائي الشامل

إجمالي	الدرجة				الاختبار	المقرر
	OSPE	Structured oral	MCQ	Written		
١٠٠	١٠٠	١٠	١٠	ورقة أولى (٩٠) : cytology: general 30% : 70% نسبة ورقة ثانية (٩٠) : Special :Neurohist 60% : 40% نسبة	اختباران تحريريان مدة كل منهما ثلاث ساعات + اختبار شفهي + اختبار عملي	علم الأنسجة وبيولوجيا الخلية
			٥٠		اختبار تحريري مدته ساعة	المقرر الاختباري
٤٥٠	إجمالي الدرجة					

في كل مقرر يتم تدريسه في نهاية الفصل الدراسي وتصيب درجاته بنسبة ٢٠% من الدرجة MCQ **ملموطة**: سيتم عقد امتحان الكلية المختصة



Contents

Section I: Scientific lectures.

Section II: Practical skills.

Section III: Seminars

Section IV: Student teaching sections.

Section V: Scientific activities (conferences/workshops)

Section I:

Scientific Lectures

1- First part of PhD Degree:



5 credit hours	Code	Course
	HIST 602 EM	Electron Microscope
	HIST 602 GE	Genetics
	Advanced Courses in: <ul style="list-style-type: none"> ☐ Research Methods ☐ Medical Statistics ☐ The use of computer in medical science 	

2-Second part of PhD Degree:

Item	Credit Hours	Semester	Course	Code



Thesis	15	2		
Histology & Cell Biology	23	3	Cytology	HIST 602
		4	General Histology	
		5	Special Histology	
		6	Neuro-histology	
Elective course:	25	2	Clinical Chemistry	HIST 602 CC
			Hematology	HIST 602 HE
			Immunology	HIST 602 IM
Practical training course and Activity	15			HIST 602 P

Name of the course: Electron Microscope

Compulsory course First part of PhD

Credit hours: 2 Semester: (spring/fall/summer) year.....

Date	Title of the lecture	Lecturer's signature
	Introduction Electron microscopy versus light microscopy	



	Tissue preparation <ul style="list-style-type: none"> • Spacemen handling • Factors affecting fixation 	
	Types of fixation: <ul style="list-style-type: none"> • Physical fixation • Cryo-fixation 	
	<ul style="list-style-type: none"> • Chemical fixation Principles • Primary Fixation 	
	Criteria of proper fixation Post fixation	
	Buffer Dehydration	
	Impregnation	
	Sectioning: <ul style="list-style-type: none"> • Trimming • Staining semi-thin sections • Ultra-thin sections • Sectioning problems 	
	Staining : <ul style="list-style-type: none"> • Enbloc staining • Post staining 	
Date	Title of the lecture	Lecturer's signature
	<ul style="list-style-type: none"> • Staining of thin sections • Staining of ultra-thin sections 	
	<ul style="list-style-type: none"> • Negative staining • Other staining 	
	Instrumental Base : <ul style="list-style-type: none"> • EM resolution & magnification • The electron gun and condenser system 	



	<ul style="list-style-type: none"> • The image-producing system 	
	Scanning E/M and other Types and applications of Electron Microscope	
	Scanning E/M <ul style="list-style-type: none"> • Introduction, • Materials, • Procedure, • Troubleshooting 	
	Special considerations with EM specimens	
	Scanning E/M and other Types and applications of Electron Microscope	

Name of the course: Genetics

Compulsory course First part of PhD

Credit hours: 3 Semester: (spring/fall/summer) year.....

Date	Title of the lecture	Lecturer's signature
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Chapter 1: Basic Genetics

	DNA	
	Chromosomes	
	Centromere & Telomere	
	DNA Replication	
	DNA Transcription	
	RNA Processing	
	Centrifugation Techniques	
	Main 3 Types Of RNA	
	Other Types Of RNA	
	Genetic Code	
Date	Title of the lecture	Lecturer's signature
	Protein Synthesis	
	Regulation Of Gene Expression	
	DNA Repair	



	Mutation	
	Human Genome	
	Genome Of Microorganisms	
	Mitochondrial Genome	
Chapter 2: Medical Genetics		
	Interphase	
	Mitosis	
	Meiosis	
	Karyotyping	
	X & Y Chromosomes	
	Banding Techniques	
Date	Title of the lecture	Lecturer's signature
	Numerical Chromosomal Anomalies	
	Structural Chromosomal Anomalies	
	Patterns of Inheritance: Mendelian	



	Patterns of Inheritance: Non-Mendelian	
	Genetics Of Cancer	
	Gene Therapy	
	Epigenetics	
	Stem Cells	
	Cloning	

Chapter 3: Molecular Biology & Genetic Engineering

	Restriction Endonucleases	
	Gel Electrophoresis	
	Blotting Techniques	
	ISH, FISH & Microarray Techniques	
Date	Title of the lecture	Lecturer's signature
	Gene Amplification & Cloning Vectors	
	Gene Sequencing	
	Strategies Of Genetic Engineering	



	Applications Of Genetic Engineering	
	Fingerprinting & Footprinting	
	Genetic Variation in Natural Population	
	Gene Mapping	
	State of the Art in Molecular Biology	
	State of the Art in Genetics	

Name of the course: **Advanced Histology & Cell biology**
(Module 1; Cytology)

Compulsory course **second part of PhD**

Credit hours: 3.5 **Semester: (spring/fall/summer)**

year.....



Date	Title of the lecture	Lecturer's signature
	Introduction	
	-Introduction for Histology (time line of microscopy)	
	-Microscopy: principles, types and applications of: <ul style="list-style-type: none"> • optical microscope 	
	-Phase contrast microscope -Differential phase microscope -polarized light &prisms	
	- Ultraviolet and fluorescence microscope - Confocal laser, atom force microscope	
	-Cell theory prokaryon eukaryon	
	Membranous Cell organelles	
	Cell membrane molecular structure: *Proteins	
Date	Title of the lecture	Lecturer's signature
	=Cell membrane molecular structure: *Lipids and cholesterol *Lipid raft	



	<ul style="list-style-type: none"> - Cell membrane molecular structure: <ul style="list-style-type: none"> * types of CHO *Cell coat -Function of the cell membrane 	
	<ul style="list-style-type: none"> -Mitochondria: Molecular structure, function and diseases -Types of ATPases 	
	<ul style="list-style-type: none"> -Endomembranous system: <ul style="list-style-type: none"> -Ribosomes 	
	Golgi apparatus and rER	
	sER & endosomes	
	<ul style="list-style-type: none"> *Lysosomes *Clinical hint 	
	<ul style="list-style-type: none"> *Peroxisomes *Clinical hint 	
	*Intracytoplasmic vesicle trafficking & transportation	
Date	Title of the lecture	Lecturer's signature
	Non- Membranous Cell organelles	
	<ul style="list-style-type: none"> -Microtubules -Centriole -Cilia & Flagella -Clinical hint 	



	<ul style="list-style-type: none"> -Microfilaments -Intermediate filaments -Thick filaments 	
	<ul style="list-style-type: none"> -Cell locomotion -Clinical hint 	
	Cell inclusions	
	<ul style="list-style-type: none"> *Stored food *Pigments *Crystals -Cytosol -Clinical hint 	
	Nucleus	
	<ul style="list-style-type: none"> *Introduction *Nuclear envelope *Nuclear pore & nuclear pore complex 	
	<ul style="list-style-type: none"> -Nucleus: *Subnuclear bodies (e.g. Cojal bodies) * Nucleolus *Nuclear sap *Nuclear lamina & clinical hint *Dynamics and regulation 	
	<ul style="list-style-type: none"> *Chromatin *Molecular structure 	
Date	Title of the lecture	Lecturer's signature
	<ul style="list-style-type: none"> -Nucleus: *Sex chromatin *Clinical hint Morphology of chromosomes 	
	Cell cycle	



Date	Title of the lecture	Lecturer's signature
	Epithelium	
	-Covering epithelium	
	-Glandular epithelium	
	-Glandular epithelium	
	-Cell junction	
	-Neuroepithelium	
	- Basement membrane	
	Connective Tissue	
	-C.T. fibres	
Date	Title of the lecture	Lecturer's signature
	- C.T. cells	
	-C.T. proper	



	Clinical hints	
	Cartilage	
	-Cartilage	
	- Growth of Cartilage -Clinical hint	
	Bone	
	-Bone cells	
	-Types of bone	
	-Ossification	
	-Growth of Bone - Factor affecting Bone growth -Clinical hint	
Date	Lecture	Lecturer's signature
	Muscle Tissue	
	-Skeletal muscle fibre	



	-Triad of tubular system	
	-Classification of muscle fibres	
	-Cardiac muscle fibre, wall of the heart	
	-Valves and conducting system	
	-Moderator band	
	-Erythrocytes and thrombocytes	
	-Leucocytes and haemocytopoiesis	
	The Vascular System	
	-General structure of blood vessels Specific character of endothelial cells	
	-Large Arteries	
Date	Lecture	Lecturer's signature
	- Large Veins	
	Medium Sized Artery & Veins Special types of Medium Sized Artery	



	<p>-Arterio-venous connection:</p> <p>1.Blood capillaries</p> <p>2.Blood sinusoids</p> <p>3.A-V anastomosis</p>	
	Blood Tissue Barriers	
	Portal circulation in human body	
	Biological factors affecting Blood vessels	
	Clinical hints	
	-The Nervous System	
	<p>-Structure of the neuron</p> <p>-Types of the neuron</p>	
Date	Title of the lecture	Lecturer's signature
	<p>-The nerve fibre</p> <p>- Structure of the nerve fiber</p> <p>-Types of the nerve fiber</p> <p>- Myelination of nerve fiber</p>	



	-Difference between peripheral & CNS Myelination	
	-The peripheral nerve trunk	
	Nerve ganglia	
	-The synapse	
	-The neuroglia	
	-Degeneration	
	-Regeneration	
	-Stains for degenerated nerve fibres	
	-Clinical hint	
Date	Title of the lecture	Lecturer's signature
	Lymphatic Tissue	
	-Non capsulated lymphoid follicle	



	-Lymph node	
	-Spleen and tonsils	
	-Tonsils	
	-Thymus gland	
	-The macrophage system	
	Clinical hints	
	The Respiratory System	
	-The conductive portion of the respiratory system	
	-The respiratory portion of the respiratory system	
	-Blood air barrier	
	-Alveolar macrophage	
Date	Title of the lecture	Lecturer's signature



	<p>-Pleura -blood supply of lung Clinical hints</p>	
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**Name of the course: Advanced Histology & Cell biology
(Module 3 ; Special Histology)**

Compulsory course

second part of PhD



Credit hours:7

Semester: (spring/fall/summer) year.....

Date	Title of the lecture	Lecturer's signature
	Skin	
	-Keratinocytes of epidermis of thick skin & medical application	
	-Other cells of epidermis of thick skin & medical application	
	-Dermis of thick skin & immunological activity in the skin	
	-Thin skin & hair follicle	
	-Glands of the skin	
	-Skin pigmentation and nail plate	
	Urinary system	
	-Renal corpuscle & blood filtration Proximal & distal convoluted tubules of kidney	
Date	Title of the lecture	Lecturer's signature
	-Nephron Loop of Henle & collecting tubules	



	-Juxtaglomerular apparatus and blood circulation	
	-Urinary bladder and ureter	
	Gastrointestinal Tract	
	-Oral cavity: *Tongue & *Lip *Pharynx & *Palate	
	-General structure of alimentary tract -Esophagus	
	-Fundus of the stomach	
	- Pylorus of the stomach - Gastro-esophageal junction	
	-Entero-endocrinal system	
	-Small intestine: Lining epithelium of intestinal villi	
	-Small intestine: Lining epith. of intestinal crypt	
	-Structure of Small intestinal wall	
Date	Title of the lecture	Lecturer's signature
	-Differences between Duodenum, Jejunum and Ileum - Pyloro- duodenal junction	



	<ul style="list-style-type: none"> - Large intestine - Appendix 	
	-Recto-anal junction	
	Digestive Glands	
	<ul style="list-style-type: none"> -Organization of exocrine pancreas -Regulation of pancreatic secretion 	
	<ul style="list-style-type: none"> -Internal organization of the liver -Drainage chanelles of the liver: <ul style="list-style-type: none"> *Bile ducts *Blood sinusoids *Lymphatics 	
	<ul style="list-style-type: none"> -Zonation of the liver acini -Cytology of hepatocytes 	
	<ul style="list-style-type: none"> -Secretory function of hepatocytes -Gall bladder (structure& histophysiology) 	
	<ul style="list-style-type: none"> -Organization of salivary glands -Histophysiology and medical applications of salivary glands 	
Date	Title of the lecture	Lecturer's signature
	Endocrine Glands	
	<ul style="list-style-type: none"> -Hormonal communication and transmission 	



	-Relation between anterior pituitary and hypothalamus	
	-Cytology of acidophils & basophils -Posterior pituitary (structure & histophysiology)	
	-Thyroid follicular cells -Thyroid parafollicular cells	
	-Parathyroid (structure & histophysiology) -Histophysiology of pineal gland	
	-Biology of steroid secreting cells -Development of adrenal gland	
	-Corticosteroids (types, regulation) -Relation between adrenal medulla & sympathetic system	
	-Blood supply of adrenals -Paraganglia	
	-Pancreatic islets of Langerhans (cytology & histophysiology)	
Date	Title of the lecture	Lecturer's signature
	Male Genital System	
	-Seminal tubules	



	<ul style="list-style-type: none"> - Spermatogenesis - Sertoli cells 	
	<ul style="list-style-type: none"> -The clonal nature of male germ cells -Spermiogenesis 	
	<ul style="list-style-type: none"> -Intratesticular ducts 	
	<ul style="list-style-type: none"> -Accessory gland & penis -Excretory ducts 	
	Female Genital System	
	<ul style="list-style-type: none"> -Development of the ovary - Follicular growth 	
	<ul style="list-style-type: none"> - Ovulation and corpus luteum -Uterine tubes 	
	<ul style="list-style-type: none"> -Uterus & uterine cervix -Endometrium 	
	<ul style="list-style-type: none"> -Endometrial changes during menstrual cycle 	
	<ul style="list-style-type: none"> - Mammary gland during various stages of female cycle 	

Name of the course: Advanced Histology & Cell biology

(Module 4; Neurohistology)

Compulsory course

Second part of PhD



Credit hours: 4.5

Semester: (spring/fall/summer)

year.....

Date	Title of the lecture	Lecturer's signature
	Meninges	
	CSF	
	Spinal Cord	
	Spinal cord	
	Ascending Tracts	
	Ascending Tracts	
	Descending Tracts	
	Short Tracts	
Date	Title of the lecture	Lecturer's signature
	Brain stem	



	Medulla	
	Medulla	
	Reticular Formation	
	Pons	
	Pons	
	Midbrain	
	Midbrain	
	Ear	
	Ear 1	
	Ear 2	
Date	Title of the lecture	Lecturer's signature
	Eye	



	Eye 1	
	Eye 2	
	Eye 3	
	Eye 4	
	Receptors	
	Cerebrum	
	Cerebrum 1	
	Cerebrum 2	
	Cerebellum	
	Extrapyramidal syst.em	
Date	Title of the lecture	Lecturer's signature
	Thalamus	



	Hypothalamus	
	Limbic System	
	Olfaction & taste	
	Aging of CNS	
	Aging of CNS	
	Alzheimer's D	
	Brain regions	
	Precerebellar nuclei	
	Refractive media	
	Aging of the eye	
	Labyrinth	



	Aging of the ear	
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Name of the course: Clinical Chemistry

Elective course

Second part of PhD

Credit hours: 2

Semester: (spring/fall/summer) year.....



Date	Title of the lecture	Lecturer's signature
	1- Renal function tests <ul style="list-style-type: none"> • Glomerular • Tubular 	
	2- liver function tests <ul style="list-style-type: none"> • aetiology of liver diseases • actual liver function • hepatocellular injury 	
	3- pancreatic disorders	
	4- adrenal gland	
	5- tumor markers	
	6- Markers of coronary artery diseases.	

Name of the course: Hematology

Elective course

Second part of PhD

Credit hours: 2

Semester: (spring/fall/summer) year.....



Date	Title of the lecture	Lecturer's signature
	Erythropoiesis	
	Hemoglobinopathies	
	General Aspect and types of Anemia	
	Membranopathies	
	Granulopiosis	
	Leukocytes disorders	
	Histeocytes syndrome	
	Myeloproliferative disorders	
	Myelodysplastic syndrome	
Date	Title of the lecture	Lecturer's signature
	Lymphopoiessis	



	Lymphoproliferative disorders	
	Platelet disorders	
	Coagulative disorders	
	Bone marrow failure	



Name of the course: Immunology

Elective course

Second part of PhD

Credit hours: 2

Semester: (spring/fall/summer) year.....



Date	Title of the lecture	Lecturer's signature
	Normal immune system	
	Innate immunity	
	Complement and kinin systems	
	Antigens	
	Immunoglobulins and immunoglobulin genes	
	Antigen - antibody reactions	
	Major histocompatibility complex	
	Inflammation	
	Humoral immune response 2	

Date	Title of the lecture	Lecturer's signature
	Cell mediated immune response	



	Cytokines and chemokines	
	Mucosal immune system	
	Hypersensitivity reactions	
	Immunodeficiency diseases	
	Immune tolerance and autoimmunity	
	Transplantation immunity	
	Tumour immunity	



Section II: Practical Skills



List of requirements (may include multiple pages)

Name of the procedure/operation	Total number required	Observer	Assistant	Independent



Obtaining specimens for studying cytology	2			2
Obtaining specimens for studying general histology	5			5
Obtaining specimens for studying special histology	5			5
Obtaining specimens for studying Neuro-histology	2			2

Name of the procedure/operation	Total number required	Observer	Assistant	Independent



Processing specimens for studying cytology	2			2
Processing specimens for studying general histology	5			5
Processing specimens for studying special histology	5			5
Processing specimens for studying Neuro-histology	2			2

Name of the procedure/operation	Total number required	Observer	Assistant	Independent



Staining sections for studying cytology	2			2
Staining sections for studying general histology	5			5
Staining sections for studying special histology	5			5
Staining sections for studying Neuro-histology	1			1

Procedures/Operations log (multiple pages)

(Under each procedure insert a number of rows equal to the no. required)



Procedure 1 Obtaining specimens for studying cytology

Level of participation	Date	Location	Signature of supervisor

Procedure 2 Obtaining specimens for studying general histology :.....

			—

Level of participation:

- Observer
- Assistant
- Independent

Procedures/Operations log (multiple pages)

(Under each procedure insert a number of rows equal to the no. required)

Procedure 3 Obtaining specimens for studying special histology



Level of participation	Date	Location	Signature of supervisor
Procedure 4 Obtaining specimens for studying neurohistology:			

Level of participation:

- Observer
- Assistant
- Independent

Procedures/Operations log (multiple pages)

(Under each procedure insert a number of rows equal to the no. required)



Procedure 5 Processing specimens for studying cytology

Level of participation	Date	Location	Signature of supervisor

Procedure 6 Processing specimens for studying general histology :.....

Level of participation:

Observer

Assistant

Independent

Procedures/Operations log (multiple pages)

(Under each procedure insert a number of rows equal to the no. required)



Procedure 7 Processing specimens for studying special histology

Level of participation	Date	Location	Signature of supervisor

Procedure 8 Processing specimens for studying neurohistology:

Level of participation:

- Observer
- Assistant
- Independent

Procedures/Operations log (multiple pages)



(Under each procedure insert a number of rows equal to the no. required)

Procedure 9 Staining sections for studying cytology			
Procedure 10 Staining sections for studying general histology :.....			

Level of participation:

Observer

Assistant

Independent

Procedures/Operations log (multiple pages)

(Under each procedure insert a number of rows equal to the no. required)



Procedure 11 Staining sections for studying special histology

Level of participation	Date	Location	Signature of supervisor

Procedure 12 Staining sections for studying neurohistology:

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Level of participation:

Observer

Assistant

Independent



Section III: Seminars

List of requirements:



1- Seminar attendance: 6 year

2- Seminar performance: 3/year

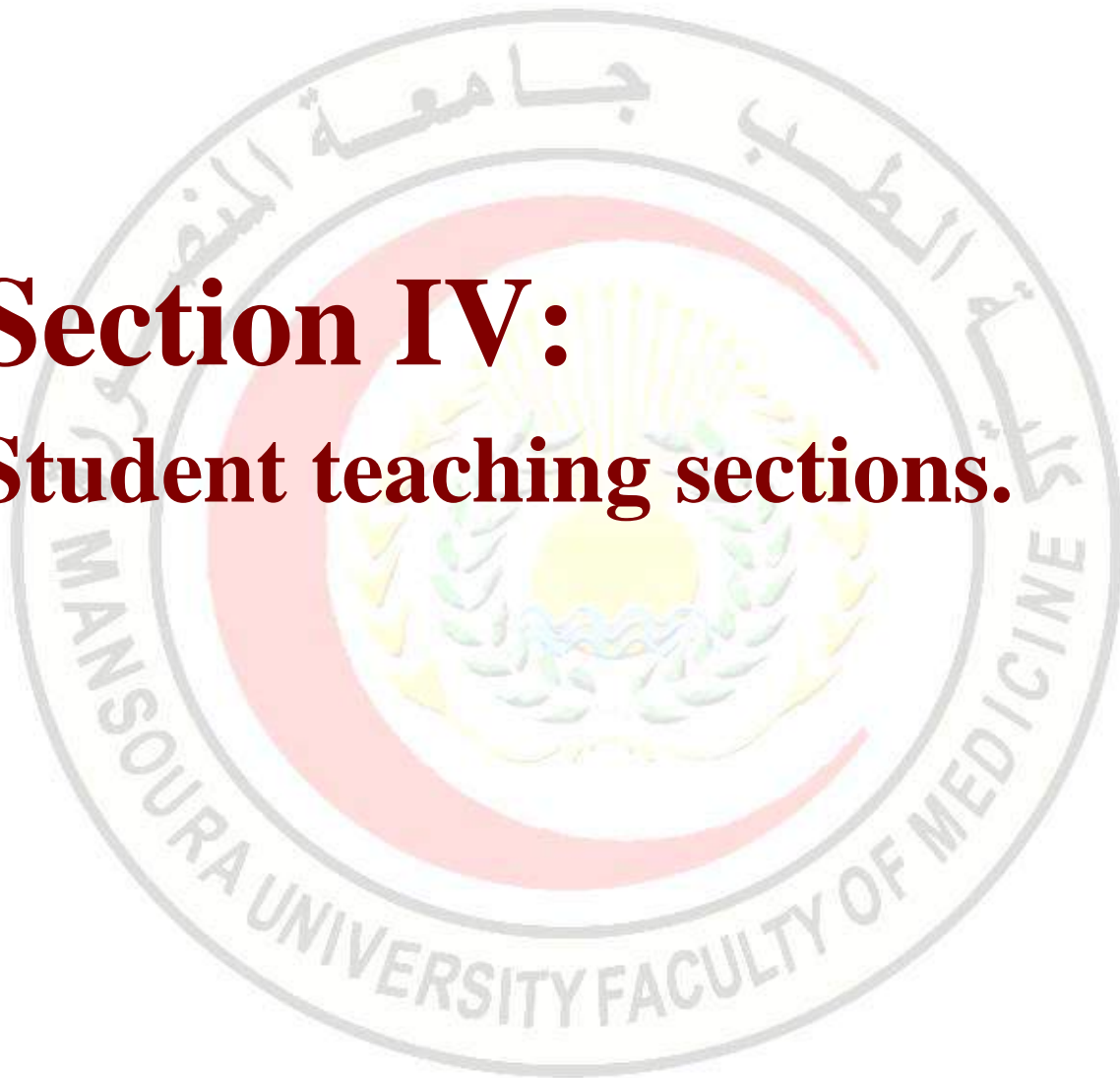
1- Attendance

Date	Topic	Supervisor's signature

Date	Topic	Supervisor's signature
------	-------	------------------------



Section IV: Student teaching sections.





Section V:

Scientific activities

(Conferences/workshops)

List of requirements



Conferences

Total number required	Attendance	Organization	Presentation
3/ year	3		

Workshops

Total number required	Attendance	Organization	Presentation
1/year	1		

Activity (Conference/Workshop)	Role	Date	Supervisor's signature

